



Membership Renewal Notice 2023

Dear Member,

Can you believe it's time to renew your membership already? As you know, your membership will expire soon, and we can no longer send printed materials beyond six months of the expiry date. We felt so fortunate last year to have you as a member! We hope you will sign on for another year to take full advantage of your COS membership. The annual membership dues for 2023 remain \$30.

MEMBERSHIP BENEFITS

SUPPORT OUR MISSION

For only \$30 a year, you will not only become a member but help us reach our goals. Your contribution supports various programming, administration, operations, and future development.

GET INVOLVED

Members can volunteer for positions on the Calgary Ostomy Society executive committee, become Certified Ostomy Visitors, and have a say in our operations through your vote at our AGM.

SOCIAL NETWORKING

You will meet many Calgarians with a Colostomy, Urostomy, Ileostomy and surgeries like a J-Pouch; all of whom have an ostomy due to Crohn's & Colitis, Cancer and various other diseases. You will truly feel like you are not alone!

BE INFORMED

Receive our quarterly newsletter, Simply Ostomy, via email or Canada Post, as well as the bi-annual Ostomy Canada Magazine. Learn to live life to the fullest with your ostomy or j-pouch through our educational seminars, publications & more!

PAYMENT OPTIONS



Renew by Canada Post

Please remit payment via cheque or money order, along with this form, payable to:

Calgary Ostomy Society
PO Box 30365 Chinook
Calgary, AB T2W 2W1



Renew Online

Payment methods include PayPal, Visa Debit or Credit Card.

www.calgaryostomysociety.com/membership



In Person at our quarterly meetings

YES, I WANT TO RENEW MY MEMBERSHIP WITH CALGARY OSTOMY!

Name: _____ Phone: _____ Age: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Email Address: _____

Surgery Type: Ileostomy Colostomy Urostomy J-Pouch Supporter Other: _____

Send my newsletter by: Email Canada Post I would like to make an additional donation in the amount of: \$ _____

Tax receipts are mailed for donations of \$20 or more. Registered Charity # 119218071 RR 0001

Thank you for your continued support of Calgary Ostomy Society!